



THE BATTLE WITHIN

ANNUAL
REPORT
2020

Dear Friends,

We are pleased to share The Battle Within 2020 Annual Report.

To say 2020 was a challenging year for most would be an understatement. For the community, The Battle Within (TBW) serves the pandemic, social unrest, unseasonably long fire season, financial market uncertainties and a politically divisive election all contributed to a dramatic increase in mental health challenges far above that of the general public.

We saw a dramatic increase in Warriors seeking help. I am very proud of TBW staff and volunteers for answering the call brought on by the tumultuous year to answer the call of Warriors needing mental and emotional support as we work to reduce the suicide rate of all our warrior populations. TBW has become the trusted organization for Warriors as they begin understanding their burdens, set the stage for healing, and develop the tools and community necessary to make real and positive changes in their lives.

The spring quarantine forced us to cancel three sessions of our 5-day Revenant Journey program. In response, we mobilized and created the Frontline Therapy Network and, within three weeks, began providing Warriors access to free therapy. The University of Kansas Health System, Blue Cross Blue Shield of Kansas City, and Humana vetted the program and rolled it out to their networks in response to the mental health surges experienced across the nation.

We resumed the Revenant Journey classes in the fall, providing a much-needed respite from the social isolation our Warriors were facing. We began working with the Missouri Department of Corrections, to provide services to their officers. These relationships develop advocates within the ranks that continue to provide referrals and cultural changes within the institutions.

In 2020, we continued to expand the Warrior Mental Health coalition to provide additional aftercare services toward our goal of developing a 24-month journey of healing for our Warriors. We added three curriculum programs; meditation, family support, and equine therapy. Late in the year, the coalition merged into the Greater Kansas City Mental Health Coalition (GKCMHC) alongside Veterans Community Project and Mentoring the Force; we now provide more extensive and integrated services that allow our Warriors to stay on the path of healing.

As challenging as 2020 was when I look back over the year and recall the faces and stories of the Warriors you supported and helped I am filled with gratitude. The support you gave veterans, first responders, medical personnel, their families and their future is outstanding. Because of you, they have hope, faith in themselves and the tools to forge ahead. Their journey has just begun.



Justin Hoover
Executive Director





6

Revanant Journey Classes Hosted

* 3 sessions canceled due to COVID

54

Revanant Journey Graduates

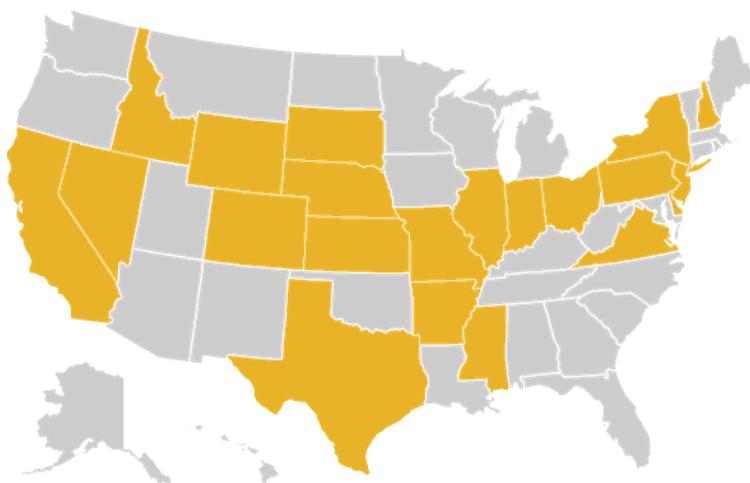


7,341

Warrior Mentor Volunteer Hours



FRONTLINE THERAPY NETWORK



Clients Served
in
20
States and
Puerto Rico

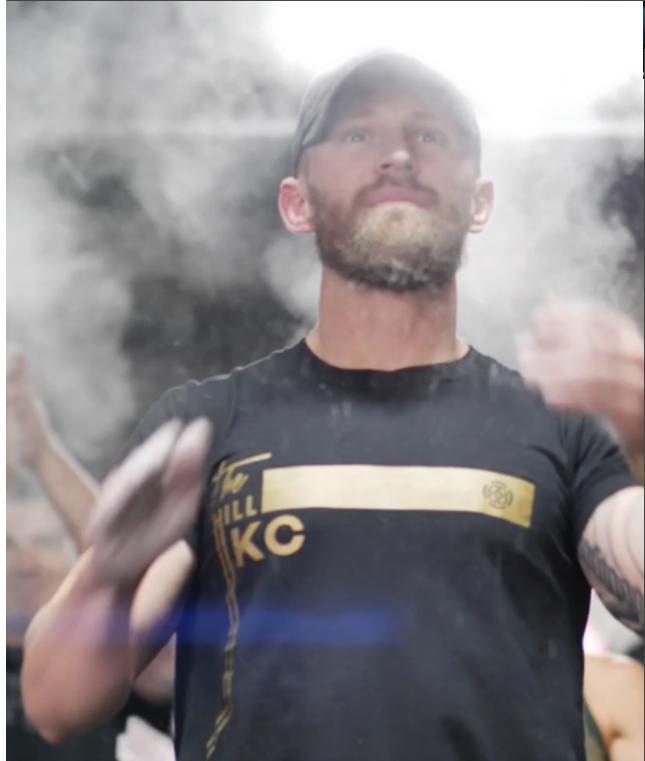
167

Clients
Received
Teletherapy



1,564

Therapeutic Hours Provided



5

Next 90 Classes Held



Board of Directors

Dail Blake

Board President

Vinita Canright

Secretary & Treasurer

Tab White

John Zell

Doug Schaffer

Greg Lee

Project Soteria

Insurance

Taskforce

Ken Bramble

Taskforce Chairman

Bob Charlesworth

Will Souder

Elizabeth Souder

Will Stefen

Jeff Bennet

TBW Staff

Justin Hoover

Lisa O'Dell

Nate Magers

Josh Krasovec

Mitch Wheeler

Katie Daugherty

Whitney Logan

Adam Magers

Jeremy Jensen



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